

NorthSTAR Update

Collin County Commissioners
Court

May 27, 2009

NorthSTAR

- ▶ NorthSTAR is the public sector behavioral health program for Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall Counties
- ▶ NorthSTAR provides mental health and substance abuse services to eligible members of all ages, as well as pharmacy and Peer Services
- ▶ NorthSTAR is an open access system with no wait lists

NorthSTAR, continued

- ▶ Persons must qualify financially and clinically for NorthSTAR
- ▶ Persons who live in the 7 county area who are on most types of Medicaid or who have incomes below 200% of the Federal Poverty Level are eligible
- ▶ All diagnoses are eligible for crisis care
- ▶ For ongoing care, adults must have a diagnosis of major depression, bipolar disorder, schizophrenia, or schizoaffective disorder

NorthSTAR, continued

- ▶ Children who are diagnosed with severe emotional disturbance are eligible for ongoing care
- ▶ Persons with substance abuse/chemical dependency disorders are eligible for chemical dependency services
- ▶ NorthSTAR members may choose their provider(s) from the NorthSTAR network in any NorthSTAR county, and may change providers at any time

NorthSTAR Service enhancements in Collin County SFY 2009

- ▶ Restoration of the availability of ACT (Assertive Community Treatment)
- ▶ Addition of outpatient substance abuse services location in Wylie
- ▶ Provider and Mobile Crisis service enhancements at the Samaritan Inn
- ▶ After hours clinics in Plano and McKinney slated to open July 1, 2009

Service enhancements at the Collin County Jail

- ▶ Pre enrollment of eligible inmates in NorthSTAR
- ▶ Addition of jail psychiatrist, Dr. Wu, to the NorthSTAR prescriber panel to allow inmates who are being released to receive two weeks worth of psychiatric medications through NorthSTAR
- ▶ Recovery Support Services in the jail, including linking to needed services upon release (including treatment services and services for housing, employment, etc.
- ▶ Service additions at the jail are designed to enhance continuity of care for inmates upon discharge and reduce recidivism

Outreach Campaign Collin County SFY 2009

- ▶ NorthSTAR launched a marketing campaign to inform Collin County residents about NorthSTAR and Mobile Crisis Services
- ▶ Posters and business cards describing these services were distributed to grocery stores, pharmacies, food banks, free clinics, Indigent Healthcare providers, churches libraries, schools, and other places the public frequents

Outreach, continued

- ▶ Personal contacts were made with referral agencies, law enforcement departments, and governmental agencies that serve persons who might need NorthSTAR services
- ▶ Educational forum was held in Collin Co. October 2008
- ▶ Individual meetings were held with judges, probation departments, sheriff's department, and the district attorney.

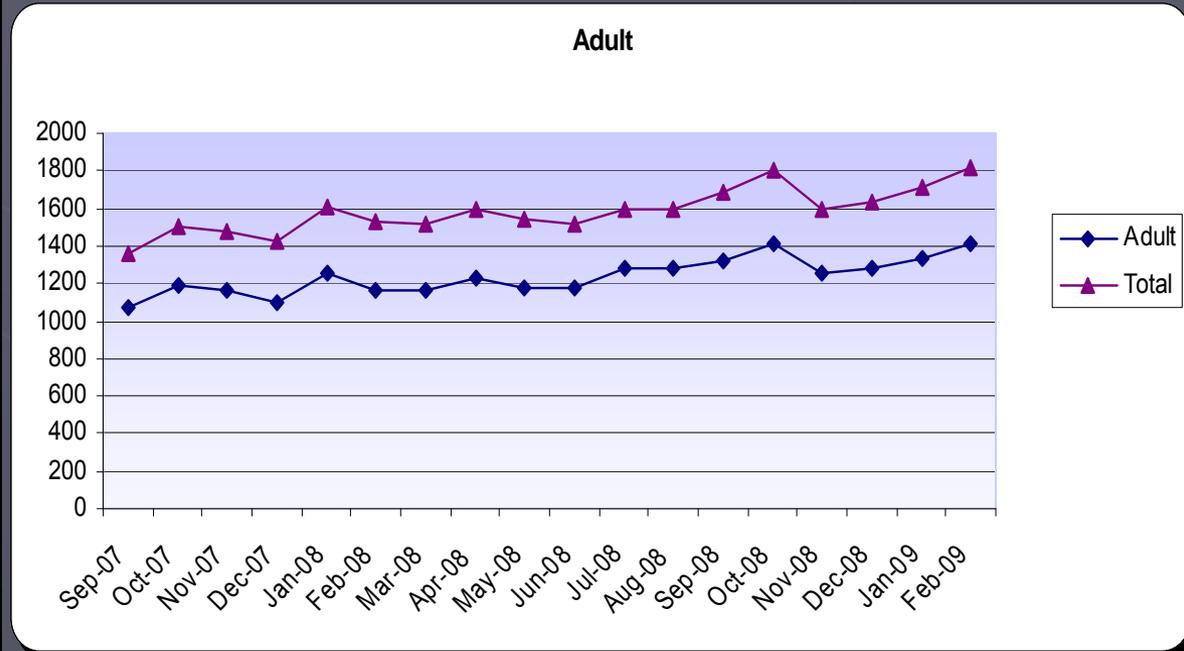
Outreach, continued

- ▶ Follow up meetings were held with the employees of the probation departments
- ▶ Ongoing contacts with probation continue
- ▶ Multiple meetings have been held with the jail staff
- ▶ Various training materials that give contact information for trouble shooting have been distributed to all county government agencies who deal with persons who may need NorthSTAR services
- ▶ Outreach to schools and other locations concerning adolescent substance abuse planned for August

NorthSTAR numbers served in Collin County* FY08 and through 2/09 in FY09

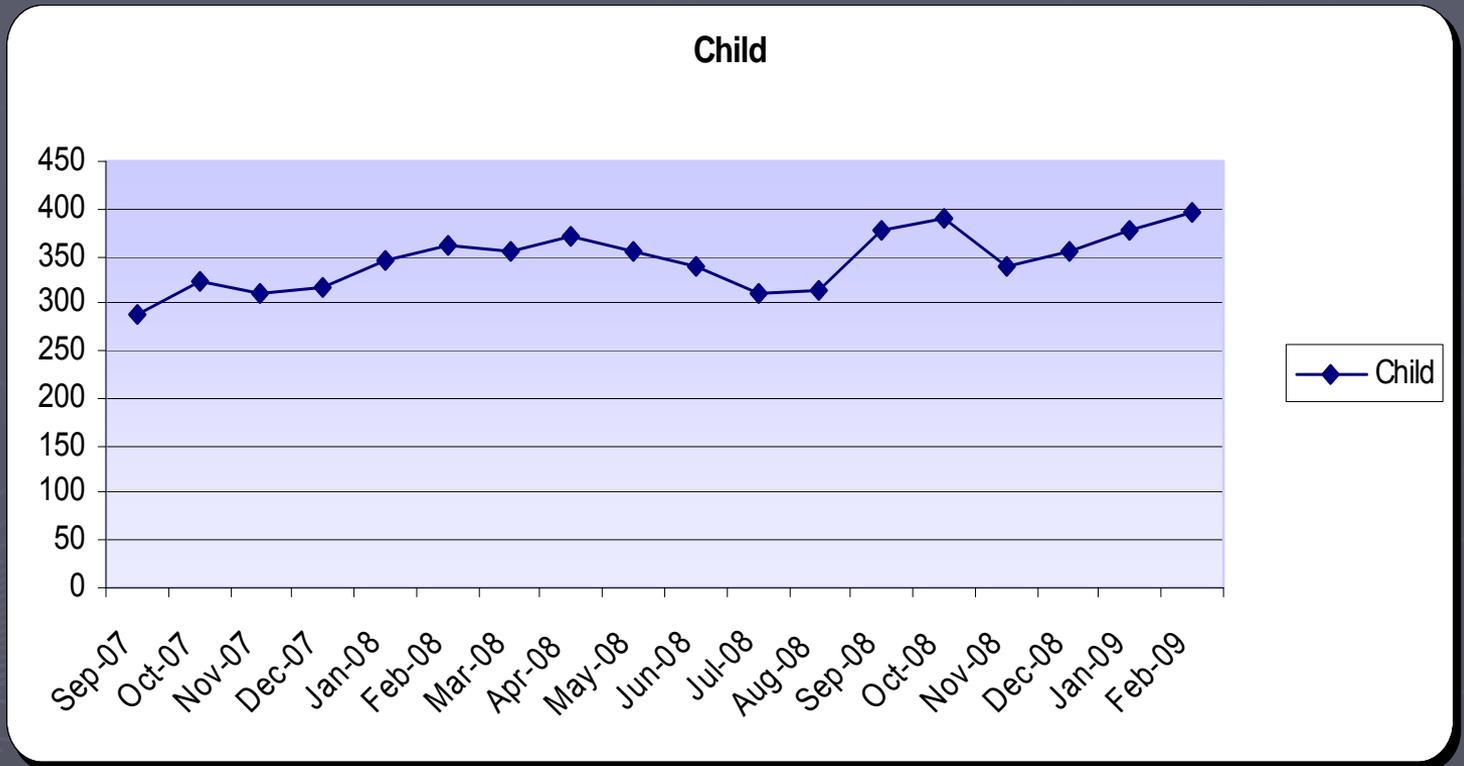
* members with a Collin County zip code and either a paid claim or a State Hospital authorization were counted

	Adult	Child	Total
Sep-07	1071	287	1358
Oct-07	1186	322	1508
Nov-07	1162	312	1474
Dec-07	1102	318	1420
Jan-08	1258	347	1605
Feb-08	1168	362	1530
Mar-08	1161	355	1516
Apr-08	1223	371	1594
May-08	1182	356	1538
Jun-08	1179	338	1517
Jul-08	1285	311	1596
Aug-08	1286	314	1600
Sep-08	1314	376	1690
Oct-08	1413	391	1804
Nov-08	1254	338	1592
Dec-08	1276	354	1630
Jan-09	1331	377	1708
Feb-09	1417	397	1814



Percent change from the beginning of FY08
to the end of second quarter FY09

Adult	Child	Total
32%	38%	34%



Note:

Data is pulled by zip code of residence. Zip codes that are located in more than one county are not included in the data pull, so these numbers could represent some under reporting of Collin County members served in NorthSTAR.

NorthSTAR Expenditures for Collin County Residents FY08 and FY09

Service	SFY08	SFY 09 to date (April 09)	SFY 09 Projected Totals	SFY 10 Projected Totals
Inpatient Hospitals *	\$ 1,878,266.00	\$ 1,132,778.00	\$ 1,874,942.90	\$ 1,931,191.18
23 Hr. Obs	\$ 660,504.00	\$ 489,552.00	\$ 810,292.97	\$ 834,601.75
ER	\$ 27,653.00	\$ 12,227.00	\$ 20,237.79	\$ 20,844.93
Inpatient Totals	\$ 2,566,423.00	\$ 1,634,557.00	\$ 2,705,473.66	\$ 2,786,637.86
Outpatient	\$ 2,777,537.47	\$ 3,276,304.30	\$ 5,242,086.88	\$ 5,399,349.49
Pharmacy	\$ 652,778.62	\$ 350,851.55	\$ 842,043.72	\$ 867,305.03
Atypical under spend on jails	\$ -	\$ 30,000.00	\$ 30,000.00	\$ -
Labs and UTMB	\$ 257,142.85	\$ 169,649.36	\$ 254,474.05	\$ 262,108.27
Mobile Crisis	\$ 329,709.38	\$ 181,855.63	\$ 272,783.44	\$ 280,966.94
Lifepath SPA & other	\$ 62,460.00	\$ 150,000.00	\$ 225,000.00	\$ 231,750.00
State Hospital	\$ 5,393,815.08	\$ 2,857,179.20	\$ 4,898,021.48	\$ 5,044,962.12
Transportation	\$ 120,204.09	\$ 82,520.46	\$ 123,780.69	\$ 127,494.12
Other fixed payments	\$ 134,175.26	\$ 84,198.35	\$ 126,297.52	\$ 130,086.45
Allocated for new East McKinney clinic	\$ -	\$ -	\$ 180,000.00	\$ 700,000.00
Total County Expenditures	\$ 12,294,245.74	\$ 8,817,115.85	\$ 14,899,961.43	\$ 15,830,660.28
County Matching Contribution	\$ 560,004.00	\$ 326,669.00	\$ 560,004.00	\$ 560,004.00
Value of NorthSTAR services that each dollar	\$ 21.95	\$ 26.99	\$ 26.61	\$ 28.27
* Medical Center of McKinney is the primary inpatient hospital for Collin County				

Note:

Expenditures are for persons with Collin County zip codes of residence. Zip codes that are located in more than one county are not included in the data pull, so these numbers could represent some under reporting of Collin County expenditures in NorthSTAR.

Data for SFY 08 is actual expenditures. Data through January 2009 represents actual expenditures. Data for the remainder of SFY '09 is projected based on actual expenditures to date.