

PROPOSAL FOR A STUDY OF THE COLLIN COUNTY BEHAVIORAL HEALTH SERVICES SYSTEM

This is a proposal to conduct a one-year study of the Collin County Texas behavioral health services system status and needs organized around four phases. At each phase we proposed to deliver specific benchmark reports to the County. We will utilize only validated quantitative and qualitative financial, epidemiologic, socioeconomic, and services utilization data, and we will apply the most contemporary data management and analysis methods.

To achieve the goals of the project we have assembled a team of experts with a combined 145 years of experience in planning, organizing and directing public mental health systems. The team will function under the direction of the School of Public Health at the University of North Texas Health Science Center.

PHASE ONE: Analysis and Recommendations for Management and Financing Collin County Behavioral Health Services
PHASE TWO: Proposed Collin County Behavioral Health Services Plan
PHASE THREE: Public review and revisions of the proposed services plan
PHASE FOUR: Final plan and development of future strategies

PHASE ONE goal is to evaluate the current management of behavioral health services for Collin County with particular attention to fiscal and organizational structures, and communications. Phase one begins 1 July 2009 with the identification of all required data/information and their sources. The project team will finalize all timelines and strategies with the County and other key individuals, in order to acquire and validate all quantitative and qualitative data necessary for this phase and for Phase Two (cf Phase Two below). Phase one is estimated to require 500 hours of professional services of the project team over approximately 13 weeks. Phase one culminates with the submission of the *Analysis and Recommendations for the Management and Financing of Collin County Behavioral Health Services* by 2 October 2009.

PHASE TWO overlaps Phase One, beginning with data identification and collection. The goal of phase two is to produce a *Proposed Behavioral Health Services Plan for Collin County*. This phase therefore focuses on the gaps and needs in the services system today and for the future. The team will collect epidemiologic, socioeconomic, and services data, and gather information from interviews with key stakeholders and consumers. Phase Two activities will kick in to high gear immediately following the delivery of the Phase One report, and finish approximately 11 weeks later. We estimate needing 800 hours of professional services and 320 hours of student research assistants' time for all activities in Phase Two, which culminates with the submission of the *Proposed Behavioral Health Services Plan for Collin County* by 18 December 2009.

PHASE THREE begins with the period of review of the *Proposed Behavioral Health Services Plan* by the County Commissioners, between the 18th of December 2009 and February 1st 2010. This phase includes the period of time for public hearings and revisions to the plan. Phase Three requires an estimated 450 hours of professional services, and 80 hours of student research assistants' time. It culminates with the filing of an approved Collin County Behavioral Health Services Plan.

PHASE FOUR is the time dedicated to final review and initiating strategies for implementing the plan. This phase is estimated to require 150 hours of professional services time over six weeks for activities associated with putting the plan into action and producing any additional reports.

The total budget for this project is: \$ 168,455

Professional services	1,900 hours at \$ 80.00 per hour	\$ 152,000
Student services	400 hours at \$ 16.00 per hour	\$ 6,400
Travel	Local mileage (data gathering, meetings, interviews)	\$ 4,455
	Faculty team member SPH at UT Houston	\$ 5,600

UNTHSC will provide clerical support and supplies at no cost to the County.

Preliminary Outlines for Phase One and Phase Two reports

Phase One Report

- A. Executive Summary
- B. Introduction and Background
 - 1) Goals
 - 2) Questions and Topics examined
 - 3) Methods
- C. Description of Current System (strengths and limitations)
 - 1) Organization Structure and Communications Processes
 - 2) Accessibility and Utilization
 - 3) Financing and Liabilities
- D. Recommendations
 - 1) Organization Structure and Communications Processes
 - 2) Accessibility and Utilization
 - 3) Financing and Liabilities
- E. Appendix
 - 1) Tables and Figures
 - 2) List of Data Sources
 - 3) Participants and Contributing Organizations and Individuals

Phase Two Report

- A. Executive Summary
- B. Introduction and Background
 - 1) Goals
 - 2) Scope of the Study
 - 3) Methods
- C. Proposed Plan
 - 1) Services System Design, Goals, and Strategies
 - i. (e.g. Mental Health (populations); Substance Abuse; Forensic (populations); etc.)
 - 2) Management Structure and Oversight
 - i. (e.g. Data management; Outcomes and CQI)
 - 3) Financing
- D. Supporting Documentation
 - 1) Tables and Figures
 - 2) Data Sources
 - 3) Questionnaires; Interview Schedules
 - 4) Participants and Contributing Organizations and Individuals