

COLLIN COUNTY
SUBSTANCE ABUSE PROGRAM
(CCSAP)

900 East Park Street, Suite 170

Plano, Texas 75074

(972) 548-5570 main

Grace J. Raulston, LCDC

CCSAP Mission Statement

The Substance Abuse Program shall provide alcohol and drug prevention and intervention services to all county residents. These shall include assessments, referrals, information, education, and related services.

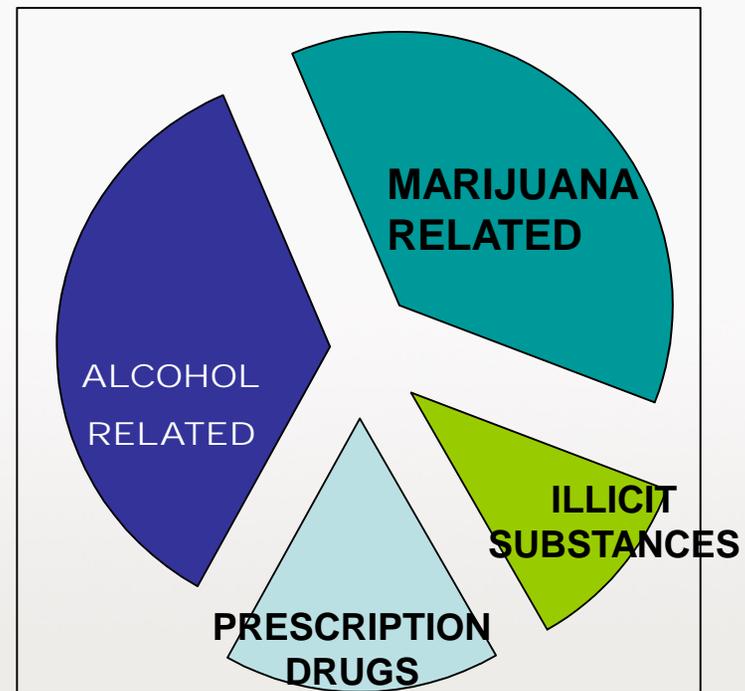
Referring Entities to CCSAP Services

- ✓ All Collin County Independent School Districts
 - ✓ Juvenile Probation
- ✓ Community Supervision and Corrections Department
 - ✓ Justice of the Peace 3-2 and 3-1
 - ✓ Medical physicians
 - ✓ Attorneys
- ✓ District and County Courts of Law
 - ✓ Direct referral's from family
 - ✓ Teen Court

School Districts Utilizing CCSAP for Evaluations

ALLEN ISD
ANNA ISD
CARROLLTON ISD
CELINA ISD
FRISCO ISD
LOVEJOY ISD
MCKINNEY ISD
MELISSA ISD
NEVADA COMMUNITY SCHOOL
PLANO ISD
PRINCETON ISD
PROSPER ISD
WYLIE ISD

REASON FOR REFERRAL FROM AN ISD



School age adolescents between ages 12 - 18

Over 100 Adolescent Reports

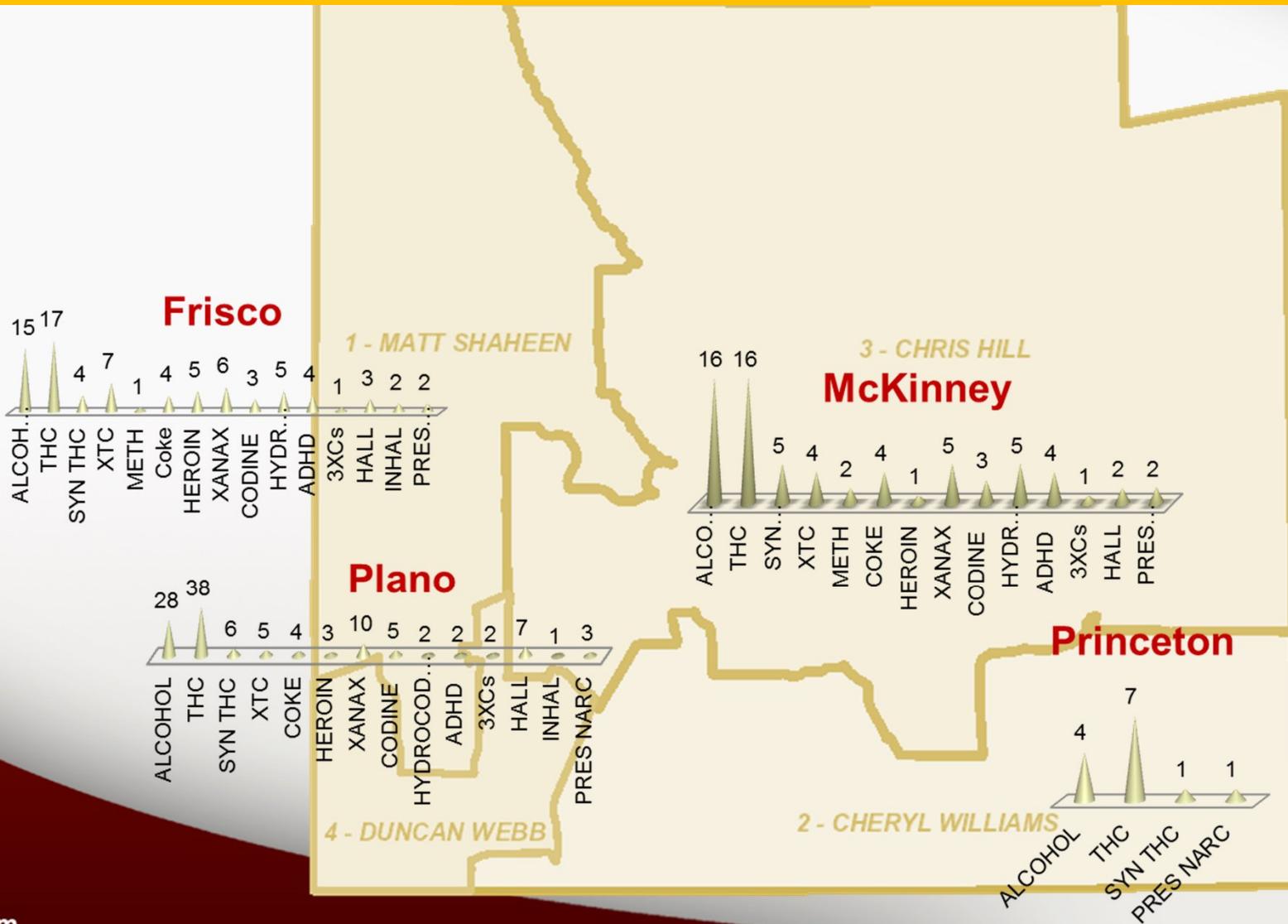
Substances reported to be used by high school students assessed by CCSAP between the dates of 12/2012 and 3/2013 ages 13 - 19

- Alcohol
- Marijuana
- Synthetic marijuana
- XTC = ecstasy
- Cocaine
- Codeine
- Heroin
- Methamphetamine
- ADHD/ADD medications (Amphetamine Salts)
- 3XC's = Coricidin Cough and Cold medication
- Hallucinogens: LSD, Acid, psilocybin mushrooms
- Inhalants: duster spray, gasoline, spray paint, carburetor cleaner
- Prescription Narcotics: Ambien, Oxycontin, Lorazepam, Klonopin
- Hydrocodone
- Xanax

Snapshot of Data Collection: Substances reported to be used by high school students assessed by CCSAP between the dates of 12/2012 and 3/2013 ages 13 - 19

CITY	SCHOOL	ALCOHOL	THC	SYN THC	XTC	METH	COKE	HEROIN	XANAX	CODINE	HYDROCODONE	ADHD	3XCs	HALL	INHAL	PRES NARC
Allen	Lowery Freshman	1	1	1					1	1	1	1	1	1	1	1
Allen	Centennial High	1	1	1												
Allen	Clark High	1	1	1												
Carrollton	Hebron High	1	1		1		1		1		1	1				1
Dallas	Shepton High	1	1													
Dallas	Shepton High	1	1								1					
Frisco	Centennial High	1	1													
Frisco	Centennial High	1	1	1							1					
Frisco	Centennial High	1	1	1					1			1				
Frisco	Centennial High	1	1		1		1	1	1	1	1	1		1		1
Frisco	Frisco High	1	1	1												
Frisco	Frisco High	1	1		1	1	1	1		1	1	1		1	1	
Frisco	Frisco High		1													
Frisco	Frisco High	1	1		1			1	1							
Frisco	Frisco High	1	1													
Frisco	Frisco High		1													
Frisco	Heritage High	1	1		1											
Frisco	Heritage High	1	1	1	1		1		1	1	1				1	1
Frisco	Wakeland	1	1						1							
Frisco	Wakeland	1	1		1		1	1	1		1	1	1	1		
Frisco	Wakeland	1	1		1			1								
Frisco	Wakeland	1	1													
Frisco	Wakeland	1	1													
Little Elm	Lone Star High	1	1													
Little Elm	Lone Star High	1	1						1	1				1		
Little Elm	Wakeland	1	1													

Snapshot of Data Collection: Substances reported to be used by high school students assessed by CCSAP between the dates of 12/2012 and 3/2013 ages 13 - 19



CCSAP in Action: A Child in Crisis

CCSAP is a true resource for parents and families, many of whom are unfamiliar with the side effects, types, combinations, and availability of harmful substances. This is one family's story—

A mother called stating that her child was using marijuana and was punching holes in the walls of their room and had burst of anger and rage.

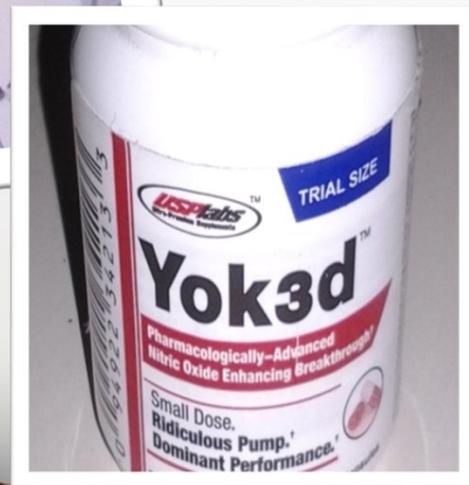
The effects of use of marijuana were explained to her. It was suggested that she conduct a thorough search of her child's room, which she did.

She called back and shared the results of her search. The items she found were performance enhancing supplements. She sent pictures of what she found. See next slide.

This child is an athlete and was taking several performance enhancing supplements to be able to increase their work out abilities and boost their energy.

With some research it was learned that many of these performance enhancing supplements act the same way in the body as anabolic steroids causing the exact same side effects as anabolic steroids. These supplements are readily available in many popular vitamin shops and on the internet.

What Would You Think if You Found This Combination of Products in Your Home?

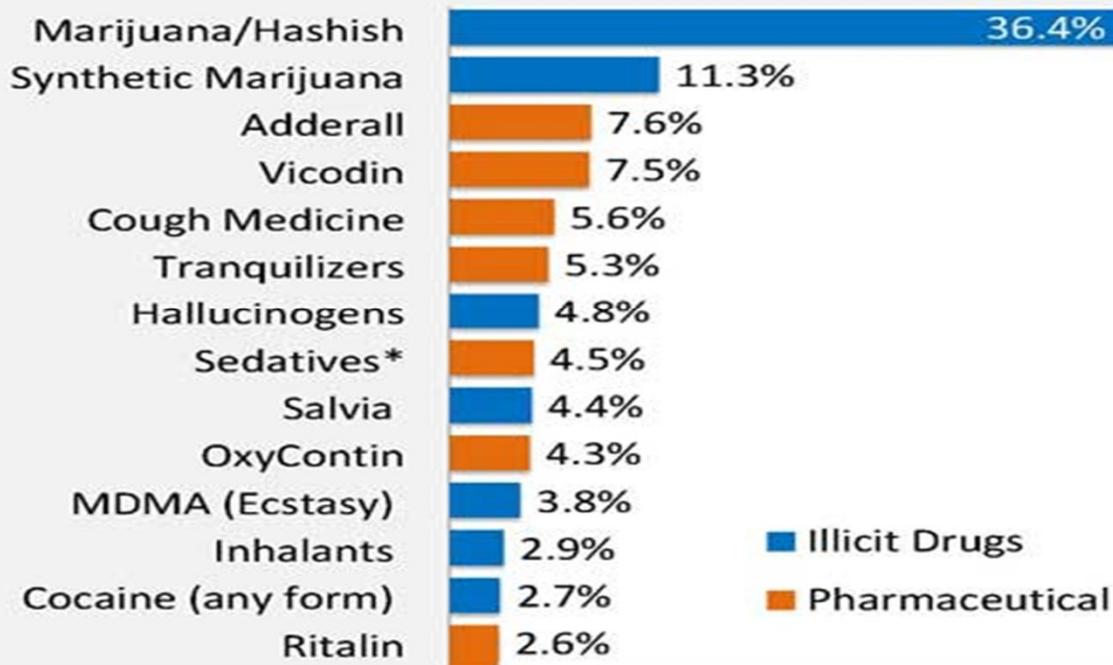


How Does CCSAP Help Our Community?

- Monitoring drug trends among certain age groups
- Educating school officials, parents, and stakeholders on :
 - Adolescent reasoning for beginning use of drugs or alcohol
 - The effects (the high) of new designer drugs
 - How drugs are obtained in the schools between the students
 - Which interventions were the most effective
 - What interventions are needed most in specific groups/areas

Newest Statistics of Adolescent Drugs of Choice

Past-Year Use of Illicit Drugs and Pharmaceuticals among 12th Graders



SOURCE: University of Michigan, 2012 Monitoring the Future Study

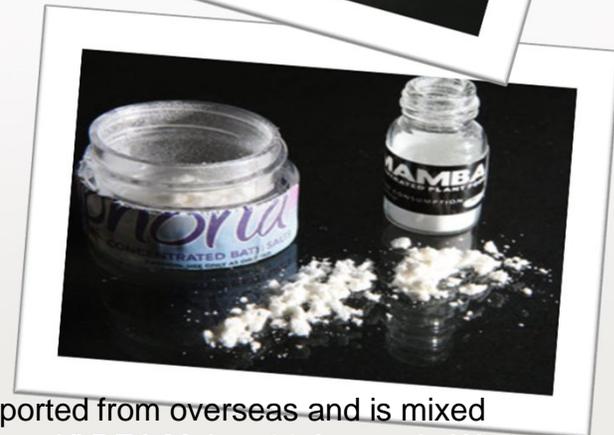
Fastest Growing Threats

Synthetic/designer drugs

- Mephedrone – Structurally related to methcathinone and methamphetamine
- Methylenedioxypropylone: A Central Nervous System stimulant
- Methylone: Stimulant

2011 Senate Bill 331 made these substances illegal to sale and possess

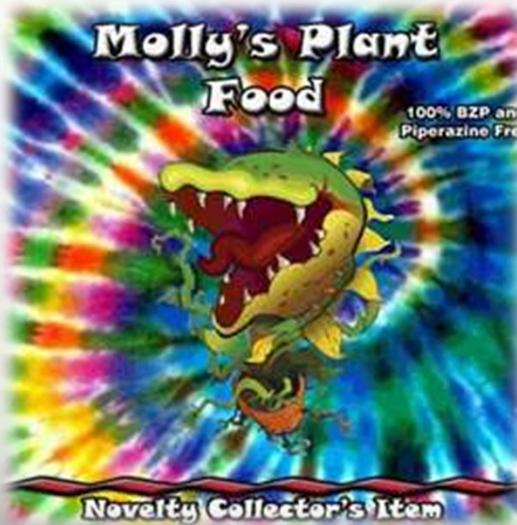
Warning: Not for Human Consumption!



"The synthetic marijuana starts as a powder that's illegally imported from overseas and is mixed with acetone and plant material before it can be used and abused." DEA Makes 90 Arrests in War on Synthetic Drugs By Sydney Lupkin July 26,2012

<http://abcnews.go.com/blogs/health/2012/07/26/dea-makes-90-arrests-in-war-on-synthetic-drugs/>

"Legal" Illegal Highs



Substance Abuse: WHY?

Possible Reasons Adolescents Begin and Continue Drug Use include:

- ✓ Abuse
- ✓ Mental health issues
- ✓ Behavioral issues
- ✓ Curiosity
- ✓ Peer support of use
- ✓ Parental example
- ✓ Self medicating

Substance Abuse: Impact & Effects

1. Medical
2. Family and Social
3. Family their story of substance abuse
4. Education/Employment
5. Psychological
6. Legal issues
7. Chemical their story:
 - frequency, duration, amounts
 - Tolerance, withdrawal, attempts to quit using

CCSAP Assessment Process

During the assessment, each client receives:

- General information paperwork
- General office policies
- Brief explanation and presentation of confidentiality laws
- General expectations of honesty
- Explaining the process as you go

Networking & Referrals

The networking done by CCSAP staff members helps meet the needs of our clients and helps to:

- Establish a professional network base
- Locate specialists in the area – Everyone has a talent
- Maintain up-to-date information about the various resources in our community that may provide the most appropriate services for CCSAP clients

Healthy individuals means a healthy community!

Services Provided to Collin County Residents 2011-2012

- 354 adolescent assessments
 - 658 adult assessments
- 547 juvenile probationer class attendees
- 2223 educational presentation attendees
- Total number of documented clients and family members served 3782

CCSAP Savings Comparison: FY2009-FY2012

	Adopted budget	Actual	Balance
FY 2009	215,881.00	202,357.00	13,523.00
FY 2010	215,267.00	211,539.00	3,727.00
FY 2011	217,944.00	162,573.00	55,371.00
FY 2012	201,358.00	139,582.00	61,775.00

- Fiscal years 2008 through 2010 budget were based on office staff consisting of Coordinator, Counselor, and Administrative Assistant
- Savings that are noted in FY 2011 and FY 2012 are a result of current vacancy in Coordinator/Counselor position

Annual Program Cost & Value

- 2012 Program Expenses \$139,582
- 2012 Program Revenue \$ 30,860
- Annual Program Cost **\$108,722**

County's cost to house a juvenile for 1 day	\$ 138
Average length of stay for a juvenile (33days)	<u>x 33</u>
Potential cost to County per juvenile	\$4,554
Number of CCSAP assessments FY11/12	<u>354</u>
Potential savings to County	\$1,612,116

Thank You

I know in my heart that man is good.
That what is right will always
eventually triumph.

And there's purpose and worth to
each and every life. [Ronald Reagan](#)
40th president of US (1911 - 2004)