

Judge, 296th Judicial District Court Collin County Courthouse McKinney, Texas 75071

May 25, 2023

Judge Chris Hill and Commissioners,

I am writing to request the Collin County Commissioners Court approve Connections Wellness Group (CWG) as the most highly qualified provider of mental health professional services for the VALOR Program for Veterans and the North Texas Veterans Court based upon their demonstrated competence and qualifications. I firmly believe that their demonstrated competence and qualifications make them the most highly qualified provider for this important role.

This request is funded through a grant with the Texas Veterans Commission.

CWG has consistently strived to maintain the highest standards of professional care and expertise in the field of veteran mental health. As one of the largest, if not the largest, behavioral health companies in North Texas they possess a team of exceptional, licensed mental health professionals who have demonstrated their dedication to providing veterans evidence-based, compassionate, and individualized services to our veteran participants. Their veteran programs boast a long-standing reputation for excellence, supported by their objective track record of positive outcomes and client satisfaction.

Here are several key factors the underline their competence and qualifications.

- Expertise and Specialization: CWG provides a large multidisciplinary team of highly trained professionals, including psychiatrists, psychologists, masters-level licensed therapists and social workers. Their staff possess extensive experience and specialized expertise in various areas of mental health diagnosis and treatment, which would allow VALOR and the North Texas Veterans Court to provide comprehensive services that cater to the diverse needs of our veteran population.
- 2. Quality of Care: CWG has shown their commitment to provide the highest quality of care to veterans ensuring well-being and recovery. CWG stays updated with the latest research, inventions, and best practices in the mental health field. They are committed to continuous professional development which enables them to deliver services that are in line with the current standards and evidence-based practices.

- 3. Monitoring Best Outcomes: CWG is the only mental health group focusing on veterans that uses a mental health assessment tool that monitors specific factors that have a scientifically validated and evidence-based association with long-term recovery called Trac9. This tool allows CWG clinicians to track patient progress through therapy weekly, tracks the patient's response to therapy, allows clinicians to adjust therapeutic approaches almost instantaneously to better respond to the veteran's immediate needs, tracks patient outcomes and compares those outcomes with clinics across the US and then tracks the patient for one-year after therapy has concluded. Based on this tracking tool CWG has better patient objective outcomes than any other mental health group in the Country.
- 4. Established Partnerships: Over the years, CWG has established strong collaborations and partnerships with reputable organizations, both within the mental health field and other related fields. CWG is an approved referral source for the United States Veterans Administration. These partnerships allow them (and, if approved, us) to enhance the scope and effectiveness of our services, ensuring comprehensive and holistic approaches to mental health care.
- 5. Timeliness and Accessibility: CWG has been nothing but responsive to the needs of our veterans and recognizes the importance of timely access to care, particularly in critical situations. We have implemented streamlined processes and ensure that veterans in need receive prompt attention and support.
- 6. Continuity of Care: CWG is has voiced their commitment to prioritizing the establishment of long-term relationship with our veterans, promoting continuity of care and facilitating and monitoring their ongoing progress. They are committed to personalized treatment plans, regular follow-ups, and collaborative approaches to ensure that veterans receive consistent and effective care throughout their mental health journey.

I strongly believe that CWG is the most highly qualified provider based on demonstrated competence and qualification and have negotiated a more than fair and reasonable price for these comprehensive services.

CWG has demonstrated competence, qualification and commitment to excellence makes CWG the ideal mental health provider for VALOR and the North Texas Veterans Court. I am more than confident that our collaboration will result in positive outcomes and contribute significantly to the mental well-being of our veterans.

I welcome the opportunity to discuss this matter with each of you.

With best regard, I remain

Judge John Roach

Sincerely,