

Law Enforcement Mental Health and Wellness Budget

Category	Description	Year 1	Year 2	Cost
Training by F1 st.org	<p>This will be a First Responder Wellness and Resiliency Program/training. The program is a comprehensive wellness program for peer support which includes wellness checks, critical incident debriefing, resiliency training, peer support training and mental and physical wellness training. The program will also assist employees and families with preparation for and recovery from critical incidents.</p> <p>1st year: \$845 x 2 = \$1,690.00 \$760.50 x 10 = \$7,605.00 Total: \$9,295.00 Tier I Two-hour Resiliency training (Groups of 30 employees) \$15,750.00 30-minute Annual wellness checks (617), each employee \$46,275.00 Critical Incident Debrief \$1,700.00 Peer Team Check in (2x per year) \$1,500.00 Couples Workshop \$1,500.00 Total: 66,725.00 Grand Total (Year 1): \$76,020.00</p> <p>2nd year: \$845.50 x 10 = \$1,690.00 \$760.50 x 10 = \$7,605.00 Total: \$9,295.00 Tier I Two-hour Resiliency training (Groups of 30 employees) \$15,750.00 30-minute Annual wellness checks (617), each employee \$46,275.00 Critical Incident Debrief \$1,700.00 Peer Team Check in (2x per year) \$1,500.00 Couples Workshop \$1,500.00 Total: 66,725.00 Grand Total (Year 2): \$76,020.00</p> <p>Total: Year 1 and 2: \$152,040.00</p>	\$76,020.00	\$76,020.00	\$152,040.00
Indirect Cost	NA			
Total Project Cost		\$76,020.00	\$76,020.00	\$152,040.00