

## **Budget Summary Law Enforcement Mental Health and Wellness Budget**

### **Year 1:**

**F1 st.org Application:** This will be a First Responder Wellness and Resiliency Program/training. The program is a comprehensive wellness program for peer support which includes wellness checks, critical incident debriefing, resiliency training, peer support training and mental and physical wellness training. The program will also assist employees and families with preparation for and recovery from critical incidents.

Group rate for 12 attendees.

Attendee-Group rate for 12 attendees: \$845.00

$\$845 \times 2 = \$1,690.00$

$\$760.50 \times 10 = \$7,605.00/\text{discounted}$

**Total: \$9,295.00**

### **Tier I**

Two-hour Resiliency training (Groups of 30 employees) \$15,750.00

30-minute Annual wellness checks (617), each employee \$46,275.00

Critical Incident Debrief	\$1,700.00
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Peer Team Check in (2x per year)	\$1,500.00
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Couples Workshop	\$1,500.00
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**Total: 66,725.00**

**Grand Total (Year 1): \$76,020**

**Year 2:**

**F1 st.org Application:** This will be a First Responder Wellness and Resiliency Program/training. The program is a comprehensive wellness program for peer support which includes wellness checks, critical incident debriefing, resiliency training, peer support training and mental and physical wellness training. The program will also assist employees and families with preparation for and recovery from critical incidents.

Group rate for 12 attendees.

Attendee-Group rate for 12 attendees: \$845.00

$\$845.00 \times 2 = \$1,690.00$

$\$760 \times 10 = \$7,605.00/\text{discounted}$

**Total Cost: \$9,295.00**

Tier I

Two-hour Resiliency training (Groups of 30 employees) \$15,750.00

30-minute Annual wellness checks (617), each employee \$46,275.00

Critical Incident Debrief: \$1,700.00

Peer Team Check in (2x per year): \$1,500.00

Couples Workshop: \$1,500.00

**Total: 66,725.00**

**Grand Total (Year 2): \$76,020.00**

**Total: Year 1 and 2: \$152,040.00**